



ROSEDALE INTERNATIONAL CENTER

MENU

The Rosedale International Center provides meals at an affordable rate for all groups who use our facility. We have collected a wide variety of international recipes through our work, and can accommodate most dietary restrictions and allergies. To create a personalized menu for your group, choose from the variety of options below.

Coffee, hot tea, and water is provided with all meals. You may add **juice, sweet iced tea, or milk** for an additional **\$1/person**.

BREAKFAST (coffee, tea, and water included)	Adult	Children (4-12)	Toddlers (3 and under)
Baked oatmeal with brown sugar and milk, seasonal fruit	\$8	\$4	Free
Coffee cake , scrambled or hard boiled eggs , seasonal fruit	\$8	\$4	Free
Cinnamon rolls , scrambled or hard boiled eggs , seasonal fruit	\$8	\$4	Free
Pancakes with butter and syrup, seasonal fruit	\$8	\$4	Free
Classic breakfast casserole (ham, sausage, or bacon), seasonal fruit	\$9	\$4	Free
Mediterranean breakfast casserole (veggies and feta), seasonal fruit	\$9	\$4	Free
Frittata breakfast casserole (sweet potato, veggies, and sausage), seasonal fruit	\$9	\$4	Free

Add two links of turkey sausage or two pieces of bacon for **\$2.00/person**. Add coffee cake, baked oatmeal, cinnamon rolls, or muffins for **\$2.00/person**. Add hard boiled eggs for **\$0.50/person**.

LUNCH and DINNER (coffee, tea, and water included)	Adult	Children (4-12)	Toddlers (3 and under)
Soup with fresh bread and butter	\$7	\$5	Free
Entrée with one side	\$9	\$5	Free
Rice Bowl Bar	\$11	\$5	Free
Selection of meat, potato or rice , seasonal veggie or salad , and bread	\$13	\$5	Free
Cultural Meal A variety of meat(s), veggies, starches, and sauces from the same culture or part of the world	\$13	\$5	Free

You can give our cook the discretion to prepare meals that are seasonally available and best to serve to a group of your size, or choose from the foods **below**. If you would like specific meals, feel free to consult our cook about whether they can be provided.

RICE BOWL BAR
Buddha Bowl Steamed rice, pinto beans, roasted veggies, garlicky cabbage salad, hardboiled eggs, peanut sauce.
Mediterranean Bowl Steamed rice, Turkish-style beans, roasted veggies, Mediterranean chopped salad, hardboiled eggs, garlic-tahini sauce.
Chipotle Bowl Steamed rice, black beans, pulled chicken, garlicky cabbage salad, salsa, sour cream.

ENTRÉES

Thai Red Curry with Chicken or Pork

Served with steamed rice

Moroccan Chicken and Sweet Potato Stew

Served with fresh bread

Pasta with Chicken or Pork Sausage

Served with seasonal veggies and a hint of creamy sauce

Israeli Burger Rice

Served with caramelized onions and toasted almonds

Creamy Chicken Alfredo Pasta

SOUP

Chicken Veggie Soup

A rich soup with homemade stock and seasonal vegetables

Pasta Soup with Beans and Greens

A broth-based soup with white beans and slow-cooked hearty greens

Taco Soup

A tomato-based soup with ground beef, beans, and corn

SIDES

Side Salads

- 1) Seasonal tossed salad
- 2) Mixed greens salad with vinaigrette
- 3) Mediterranean chopped salad
- 4) Cabbage salad with garlic and green onions
- 5) Moroccan shredded carrot salad
- 6) Asian broccoli slaw

Other Sides

- 1) Steamed seasonal vegetables
- 2) Fresh seasonal fruit
- 3) Applesauce
- 4) Chips and salsa
- 5) Potato chips
- 6) Oven roasted potato wedges

Premium Sides (+ \$0.50/person)

- 1) Tomato-cucumber salad
- 2) Caesar salad
- 3) Hummus and veggies

You can add additional standard sides to your meal for **\$1.00/person** or premium sides for **\$1.50/person**.

DESSERT

per person

Cookies

\$1.50

Brownies

\$1.50

Seasonal fruit cobbler

\$2

SNACKS

\$1.50 per person

- 1) Popcorn
- 2) Mixed nuts
- 3) Snack mix
- 4) Whole seasonal fruit
- 5) Chips and salsa

\$3 per person

- 1) Seasonal veggies and dip
- 2) Chips and dip
- 3) Fresh fruit platter

Choose from a dip selection of hummus, black bean, or ranch

Coffee and hot tea can be available at designated break times in the morning and afternoon for an additional **\$1.50/person**. Usual break times are 10:00am and 3:00pm, but can be adjusted for your group's schedule.

An evening coffee service is available for an additional **\$0.25/person**.