



# IGNITE HANDOUTS

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HANDOUTS ARE IN NUMERICAL ORDER.  
BE AWARE THAT THIS IS A RATHER LARGE  
DOCUMENT — PRINT ONLY THE PAGES  
YOU DESIRE TO USE.

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Scripture marked KJV is taken from the King James Version of the Bible.

# OIL STATION

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The Bible tells us to use oil as ointment when we are sick, and when we need comfort. The oil doesn't heal, but the oil reminds us of the Comforter, the Holy Spirit. Think about areas in which you need comfort. Pray to God, asking for the comfort of the Holy Spirit. Moisten a cotton ball with oil and apply it to your arm. (If you wish, ask someone in the room to pray for you.)

# FIRE STATION

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In the Old Testament when God likes a sacrifice, he sends fire to burn it. This shows that sin has been cleaned out. In the New Testament, we find the greatest sacrifice of all—Jesus dies. After the crucifixion is all over, and after Jesus rises and goes back to heaven, God sent fire again to show that sin had been cleaned out. The Holy Spirit comes like tongues of fire perched on the heads of Christ followers. And now the Holy Spirit keeps cleansing us. Think about a sin for which you need forgiveness. Pray to God about it and then light a tea candle as a symbol that you have received forgiveness. (If you wish, ask someone in the room to pray for you.)

# WIND STATION

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The wind of God's Spirit shows up in the very beginning of the earth, moving on the face of the waters. The wind of God's Spirit shows up at the very beginning of the church, when the wind filled the whole building. The wind of God's Spirit keeps people fresh, not stuck in the doldrums. Think about a change you wish God's Spirit could bring to you. Use a paper to make a fan. As you fan yourself, talk to God about your desire for this change. (If you wish, ask someone in the room to pray for you.)

# WATER STATION

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For survival, it doesn't get more basic. Water makes up 70% of your body. Water maintains your body temperature, moves vitamins and minerals around your body, and lubricates your joints, eyes, and intestines. You can survive only days without water. Sometimes, though, people don't recognize thirst. They know they want something—food or new shoes or stimulation. They want to consume. Jesus told the woman at the well: *Whoever drinks of this water will thirst again...but the water that I shall give him will become in him a fountain of water springing up into everlasting life.* (John 4-13-14). Think about one of your cravings. Ask God to give you what will really satisfy you. Drink a cup of water to help you remember. (If you wish, ask someone in the room to pray for you.)

# DOVE STATION

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In the Old Testament, Noah sends out a dove from the ark. When the dove brings back an olive leaf, Noah knows God's anger is over. The dove shows that the Holy Spirit brings peace after hard times. Solomon writes: *The winter is past, the rains are over and gone. Flowers appear on the earth; the season of singing has come. The cooing of doves is heard in our land* (Song of Solomon 2:12). Think about a way you would like to find peace. Ask God for his peace. Find another person in the room. Hand a dove to this person and say something like: *The peace of the Holy Spirit be with you.* (If you'd like, pray for each other.)

# TASTE AND SEE

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## DIRECTIONS

1. Distribute the food for the verse.
2. Read aloud the verse while you eat the correlating food.
3. Discuss how this verse could guide praying.
4. Pray in sentence prayers as a group, using the concepts of the verse.
5. Repeat for each food.

### Bread

- John 6:35—Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger.”

### Honey

- Psalm 119:103—How sweet are your words to my taste! Yes, sweeter than honey to my mouth.

### Grapes

- Joshua 24:13— I gave you a land on which you had not labored and cities that you had not built, and you dwell in them. You eat the fruit of vineyards and olive orchards that you did not plant.’

### Water

- Hebrews 11:22—Let us approach with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed pure with water.

### Cucumbers

- Numbers 11:5-6— We remember the fish which we used to eat free in Egypt, the cucumbers and the melons and the leeks and the onions and the garlic, but now our appetite is gone. There is nothing at all to look at except this manna.

### Milk and Meat

- Hebrews 5:12— In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God’s word all over again. You need milk, not solid food!

### Salt

- Colossians 4:6— Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.

### Apple

- Psalm 17:8—Keep me as the apple of your eye; hide me in the shadow of your wings.

### Olives

- Deuteronomy 28:15 and 40—If you do not obey the LORD your God and do not carefully follow all his commands and decrees I am giving you today... You will have olive trees throughout your country but you will not use the oil, because the olives will drop off.

# POSTURE MATTERS

## VERSES

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### KNEELING

**Daniel 6:10** (NIV)

<sup>10</sup> Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, just as he had done before.

**Luke 22:41**(NIV)

<sup>41</sup> He withdrew about a stone's throw beyond them, knelt down and prayed...

**Ephesians 3:14** (NIV)

<sup>14</sup> For this reason I kneel before the Father...

**Psalms 95:6** (NIV)

<sup>6</sup> Come, let us bow down in worship, let us kneel before the LORD our Maker...

**Philippians 2:9-10** (NIV)

<sup>9</sup> Therefore God exalted him to the highest place, and gave him the name that is above every name, <sup>10</sup> that at the name of Jesus every knee should bow, in heaven and on earth and under the earth...

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### FACE TO THE GROUND

**Matthew 26:39** (NIV)

<sup>39</sup> Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will."

**Joshua 5:14** (NIV)

<sup>14</sup> "Neither," he replied, "but as commander of the army of the LORD I have now come." Then Joshua fell facedown to the ground in reverence, and asked him, "What message does my Lord have for his servant?"

**Revelation 7:11** (NIV)

<sup>11</sup> All the angels were standing around the throne and around the elders and the four living creatures. They fell down on their faces before the throne and worshiped God...

**Genesis 17:3-4** (NIV)

<sup>3</sup> Abram fell facedown, and God said to him, <sup>4</sup> "As for me, this is my covenant with you: You will be the father of many nations."

## SITTING

### **2 Samuel 7:18** (NIV)

<sup>18</sup> Then King David went in and sat before the LORD, and he said: “Who am I, Sovereign LORD, and what is my family, that you have brought me this far?”

### **Judges 20:26** (NIV)

<sup>26</sup> Then all the Israelites, the whole army, went up to Bethel, and there they sat weeping before the LORD. They fasted that day until evening and presented burnt offerings and fellowship offerings to the LORD.

### **Ezekiel 8:1** (NIV)

<sup>8</sup> In the sixth year, in the sixth month on the fifth day, while I was sitting in my house and the elders of Judah were sitting before me, the hand of the Sovereign LORD came on me there.

### **Matthew 26:26** (NIV)

<sup>26</sup> While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, “Take and eat; this is my body.”

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## STANDING

### **1 Samuel 1:26** (NIV)

<sup>26</sup> And she (Hannah) said to him, “Pardon me, my lord. As surely as you live, I am the woman who stood here beside you praying to the LORD.”

### **2 Chronicles 20:5** (NIV)

<sup>5</sup> Then Jehoshaphat stood up in the assembly of Judah and Jerusalem at the temple of the LORD in the front of the new courtyard...

### **2 Chronicles 20:13** (NIV)

<sup>13</sup> All the men of Judah, with their wives and children and little ones, stood there before the LORD.

### **Job 30:20** (NIV)

<sup>20</sup> “I cry out to you, God, but you do not answer; I stand up, but you merely look at me.”

### **Nehemiah 9:3** (NIV)

<sup>3</sup> They stood where they were and read from the Book of the Law of the LORD their God for a quarter of the day, and spent another quarter in confession and in worshiping the LORD their God.

### **Mark 11:25** (NIV)

<sup>25</sup> And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins.

## WITH FACE LIFTED UP

**Psalm 123 (NIV)**

**A song of ascents.**

<sup>1</sup> I lift up my eyes to you,  
to you who sit enthroned in heaven.

**John 11:41 (NIV)**

<sup>41</sup> So they took away the stone. Then Jesus looked up and said, "Father, I thank you that you have heard me."

**John 17:1 (NIV)**

<sup>17</sup> After Jesus said this, he looked toward heaven and prayed: "Father, the hour has come. Glorify your Son, that your Son may glorify you."

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## LIFTING UP ONE'S HANDS

**Psalm 28:2 (NIV)**

<sup>2</sup> Hear my cry for mercy  
as I call to you for help,  
as I lift up my hands  
toward your Most Holy Place.

**Psalm 63:4 (NIV)**

<sup>4</sup> I will praise you as long as I live,  
and in your name I will lift up my hands.

**Lamentations 2:19 (NIV)**

<sup>19</sup> Arise, cry out in the night,  
as the watches of the night begin;  
pour out your heart like water  
in the presence of the Lord.  
Lift up your hands to him  
for the lives of your children,  
who faint from hunger  
at every street corner.

**1 Timothy 2:8 (NIV)**

<sup>8</sup> Therefore I want the men everywhere to pray,  
lifting up holy hands without anger or disputing.

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## PACING

**2 Kings 4:33-35 (NIV)**

<sup>33</sup> He went in, shut the door on the two of them and prayed to the LORD. <sup>34</sup> Then he got on the bed and lay on the boy, mouth to mouth, eyes to eyes, hands to hands. As he stretched himself out on him, the boy's body grew warm. <sup>35</sup> Elisha turned away and walked back and forth in the room and then got on the bed and stretched out on him once more. The boy sneezed seven times and opened his eyes.

**Leviticus 26:12 (NIV)**

<sup>12</sup> I will walk among you and be your God, and you will be my people.

**1 Kings 2:4 (NIV)**

<sup>4</sup> If your descendants watch how they live, and if they walk faithfully before me with all their heart and soul, you will never fail to have a successor on the throne of Israel.

# LABORERS IN THE HARVEST

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## 2 CORINTHIANS 1:8-11

<sup>8</sup>We do not want you to be uninformed, brothers and sisters, about the troubles we experienced in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired of life itself. <sup>9</sup>Indeed, we felt we had received the sentence of death. But this happened that we might not rely on ourselves but on God, who raises the dead. <sup>10</sup>He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us, <sup>11</sup>as you help us by your prayers. Then many will give thanks on our behalf for the gracious favor granted us in answer to the prayers of many.

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As you pray, you may want to include some of Paul's words from 2 Corinthians 1.

### EXAMPLES:

Lord, work in \_\_\_\_\_'s life to help her rely on you when \_\_\_\_\_.

Lord, deliver \_\_\_\_\_ from \_\_\_\_\_.

Lord, help \_\_\_\_\_ set his hope on you when \_\_\_\_\_.

# LAMENT WRITER

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## WRITING A LAMENT

Invocation: **Write words that call out to God.**

Compliant: **Describe the crisis.**

Petition: **Ask God to act in this crisis.**

Statement of Confidence in God: **Tell God what you know about him.**

Vow to Praise God: **State your intention to praise God, and then do it.**

# METAPHORS OF GOD

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- ★ Place a star next to each metaphor that shows a way you like to think of God.
  - ☑ Place a checkmark next to each metaphor that shows a way you rarely think of God.
  - Circle a metaphor that shows a way that would be helpful for you to think of God in a present circumstance.
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**Fortress:** He is my loving God and my Fortress. Psalm 144:2

**Hiding Place:** You are my Hiding Place. Psalm 42:7

**Light:** I am the Light of the World. John 8:12

**Song:** The Lord is my Strength and Song. Exodus 15:2

**Potter:** We are the clay; you are the Potter. Isaiah 64:8

**Refuge:** You are our Refuge. Psalm 46:1

**Shepherd;** I am the Good Shepherd. John 10:11

**Shield:** God is a Sun and Shield. Psalm 84:11

**Fountain:** For with you is the Fountain of Life. Psalm 36:9

**Head:** And he is the Head of his Body, the church. Colossians 1:18

**Lamb:** Behold: the Lamb of God that takes away the sin of the world. John 1:29

**Bread:** I am the Bread of Life. John 6:35

**Door:** I am the Door. John 10:9

**Vine:** I am the Vine. John 15:1

**Sun:** God is a Sun and Shield. Psalm 84:11

# LAYING ON OF HANDS

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## BACKSTORY

Science has confirmed that people need to be touched. Newborns need touch to thrive. Touch helps to heal the body and the emotions. Touch comforts the dying. Hands commit terrible violence; hands can also bring powerful good.

## PROCEDURES

This exercise can be completed at an event such as a weekend retreat, at a designated place over a period of hours or days. Instruct participants to use the Laying on of Hands handout as their guide.

### Exercise 1: Hand Postures

- Write the word “Thanksgiving” on your paper. Think of your hands raised to God in thanksgiving. For the next minute, list what makes you thankful.
- Write the word “Petition” on your paper. Think of your hands clasped in pleading petition to God. For the next minute, list what makes you plead.
- Write the word “Releasing” on your paper. Think of your hands in an open position before God. For the next minute, list what you need to release to God.
- Review your lists. Star the prayers you would like to share with the group in the next exercise.

### Exercise 2: Sharing

- Write your prayers on the butcher paper. Each should be written
  - within the approximate size of an index card
  - with your name and enough detail so that people can pray intelligently

### Exercise 3: Laying on Hands I

- As you read the prayers of others, prayerfully place your hand on the prayers and trace your hand with a marker.

### Exercise 4: Laying on Hands II

- As appropriate throughout the event, place your hand on people’s shoulders and pray with them about what they wrote.

# DANIEL'S PRAYER

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## DANIEL 9:1-19

In the first year of Darius son of Xerxes (a Mede by descent), who was made ruler over the Babylonian kingdom -- in the first year of his reign, I, Daniel, understood from the Scriptures, according to the word of the LORD given to Jeremiah the prophet, that the desolation of Jerusalem would last seventy years. So I turned to the Lord God and pleaded with him in prayer and petition, in fasting, and in sackcloth and ashes.

### I PRAYED TO THE LORD MY GOD AND CONFESSED:

*Lord, the great and awesome God, who keeps his covenant of love with those who love him and keep his commandments, we have sinned and done wrong. We have been wicked and have rebelled; we have turned away from your commands and laws. We have not listened to your servants the prophets, who spoke in your name to our kings, our princes and our ancestors, and to all the people of the land.*

*Lord, you are righteous, but this day we are covered with shame—the people of Judah and the inhabitants of Jerusalem and all Israel, both near and far, in all the countries where you have scattered us because of our unfaithfulness to you. We and our kings, our princes and our ancestors are covered with shame, LORD, because we have sinned against you. The Lord our God is merciful and forgiving, even though we have rebelled against him; we have not obeyed the LORD our God or kept the laws he gave us through his servants the prophets. All Israel has transgressed your law and turned away, refusing to obey you.*

*Therefore the curses and sworn judgments written in the Law of Moses, the servant of God, have been poured out on us, because we have sinned against you. You have fulfilled the words spoken against us and against our rulers by bringing on us great disaster. Under the whole heaven nothing has ever been done like what has been done to Jerusalem. Just as it is written in the Law of Moses, all this disaster has come on us, yet we have not sought the favor of the LORD our God by turning from our sins and giving attention to your truth. The LORD did not hesitate to bring the disaster on us, for the LORD our God is righteous in everything he does; yet we have not obeyed him.*

*Now, Lord our God, who brought your people out of Egypt with a mighty hand and who made for yourself a name that endures to this day, we have sinned, we have done wrong. Lord, in keeping with all your righteous acts, turn away your anger and your wrath from Jerusalem, your city, your holy hill. Our sins and the iniquities of our ancestors have made Jerusalem and your people an object of scorn to all those around us.*

*Now, our God, hear the prayers and petitions of your servant. For your sake, Lord, look with favor on your desolate sanctuary. Give ear, our God, and hear; open your eyes and see the desolation of the city that bears your Name. We do not make requests of you because we are righteous, but because of your great mercy. Lord, listen! Lord, forgive! Lord, hear and act! For your sake, my God, do not delay, because your city and your people bear your Name.*

### CLOSING PRAYER

*Now, our God, hear the prayers and petitions of your servants. For your sake, Lord, look with favor on your desolate sanctuary. Give ear, our God, and hear; open your eyes and see the desolation of the people that bear your Name. We do not make requests of you because we are righteous, but because of your great mercy. Lord, listen! Lord, forgive! Lord, hear and act! For your sake, my God, do not delay, because we your people bear your Name.*

# EMMAUS ROAD TALKING POINTS

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## TALKING POINT 1: CREATION

*At the beginning, the earth is full of beauty and peace and goodness. Creation shows God's invisible qualities. Relationships between people and between people and God are open and free. Paul writes in Romans that, since the creation of the world, God's invisible qualities have been clearly seen and understood by what is made.*

*During this first five-minute walk with your partner, thank God for specific ways creation reveals his qualities.*

## TALKING POINT 2: FALL

*Adam and Eve reject God's perfect plan with sin. We all have joined Eve and Adam in sin with our thoughts and our actions, showing we are enemies of God. This brings spiritual and physical death. Find a new partner during this second walk.*

*For the first three minutes, walk silently and talk with God about a sin you currently battle. Then share one of your sin struggles with your partner and pray for each other.*

## TALKING POINT 3: RESCUE

*God implements a rescue at tremendous cost—the sacrifice of perfection, Jesus Christ to be crucified. Jesus dies and overcomes death with his powerful resurrection. Find a new partner for this walk.*

*For the first three minutes, review the life and death and resurrection of Jesus Christ. Then for two minutes, thank him for specific parts of his life and death and resurrection.*

## TALKING POINT 4: RESTORATION

*On the Emmaus walk, Jesus talks about entering into his glory. He is in heaven preparing a place of beauty and peace and goodness. And on this earth, his kingdom has also come. Here in his followers we find beauty and peace and goodness. Find a new partner for this walk.*

*For five minutes, thank God for the signs of his kingdom here on earth. Also thank him for the place he is preparing for you in heaven.*

## BREAKING BREAD

*At the end of their walk, Jesus and his followers break bread together. From this loaf of bread, break a piece for each of your Emmaus walk partners. Feed them the bread and wish them the blessing of God.*

# NAMES OF GOD

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## A

ABBA (Romans 8:15)  
ALL IN ALL (Colossians 3:11)  
ALPHA (Revelation 22:13)  
ANCIENT OF DAYS (Daniel 7:9)  
ANOINTED ONE (Psalm 2:2)  
AVENGER (1 Thessalonians 4:6)

## B

BEGINNING (Revelation 21:6)  
BRANCH (Jeremiah 33:15)  
BREAD OF LIFE (John 6:35)  
BRIDEGROOM (Isaiah 62:5)  
BRIGHT MORNING STAR (Revelation 22:16)

## C

CAPTAIN OF SALVATION (Hebrews 2:10)  
CHIEF SHEPHERD (1 Peter 5:4)  
CHOSEN ONE (Isaiah 42:1)  
CHRIST (Matthew 22:42)  
COMFORTER (John 14:26 KJV)  
COMMANDER (Isaiah 55:4)  
CONSUMING FIRE (Heb. 12:29)  
CORNERSTONE (Isaiah 28:16)  
COUNSELOR (Isaiah 9:6)  
CREATOR (1 Peter 4:19)

## D

DELIVERER (Romans 11:26)  
DOOR (John 10:7 KJV)  
DWELLING PLACE (Psalm 90:1)

## E

EMMANUEL (Matthew 1:23 KJV)  
END (Revelation 21:6)  
EVERLASTING FATHER (Isaiah 9:6)

## F

FIRSTBORN (Rom.8:29, Col.1:15)  
FORTRESS (Jeremiah 16:19)  
FOUNDATION (1 Cor. 3:11)  
FRIEND (Matthew 11:19)

## G

GOVERNOR (Psalm 22:28 KJV)  
GREAT HIGH PRIEST (Hebrews 4:14)  
GUIDE (Psalm 48:14)

## H

HEAD OF THE CHURCH

(Ephesians 5:23)  
HEIR OF ALL THINGS (Hebrews 1:2)  
HIDING PLACE (Psalm 32:7)  
HIGHEST (Luke 1:76)  
HIGH PRIEST (Hebrews 3:1)  
HOLY ONE (Acts 2:27)  
HORN OF SALVATION (Luke 1:69)  
HUSBAND (Isaiah 54:5, Jer. 31:32, Hosea 2:16)

## I

I AM (Exodus 3:14, John 8:58)  
IMMANUEL (Isaiah 7:14)  
INTERCESSOR (Hebrews 7:25)

## J

JEHOVAH (Psalm 83:18 KJV)  
JUDGE (Isaiah 33:22, Acts 10:42)

## K

KEEPER (Psalm 121:5)  
KING OF KINGS (1 Timothy 6:15)

## L

LAMB OF GOD (John 1:29)  
LAWGIVER (Isaiah 33:22)  
LEADER (Isaiah 55:4)  
LIGHT OF THE WORLD (John 8:12)  
LILY OF THE VALLEY (Song 2:1)  
LION OF THE TRIBE OF JUDAH (Revelation 5:5)  
LIVING STONE (1 Peter 2:4)  
LIVING WATER (John 4:10)  
LORD OF ALL (Acts 10:36)  
LOVE (1 John 4:8)

## M

MAKER (Job 35:10, Psalm 95:6)  
MAJESTY ON HIGH (Hebrews 1:3)  
MAN OF SORROWS (Isaiah 53:3)  
MASTER (Luke 5:5)  
MEDIATOR (1 Timothy 2:5)  
MESSIAH (John 4:25)  
MIGHTY GOD (Isaiah 9:6)  
MIGHTY ONE (Isaiah 60:16)

## O

OFFSPRING OF DAVID (Revelation 22:16)  
OMEGA (Revelation 22:13)  
OUR PEACE (Ephesians 2:14)

## P

PHYSICIAN (Luke 4:23)

PORTION (Psalm 73:26, Psalm 119:57)  
POTENTATE (1 Timothy 6:15)  
POTTER (Isaiah 64:8)  
POWER OF GOD (1 Cor. 1:24)  
PRINCE OF PEACE (Isaiah 9:6)  
PROPHET (Acts 3:22)  
PURIFIER (Malachi 3:3)

## R

RABBONI (TEACHER) (John 20:16)  
REDEEMER (Job 19:25)  
REFINER'S FIRE (Malachi 3:2)  
REFUGE (Jeremiah 16:19)  
RESURRECTION (John 11:25)  
REWARDER (Hebrews 11:6)  
ROCK (1 Cor.10:4)  
ROOT OF DAVID (Rev. 22:16)  
ROSE OF SHARON (Song 2:1)

## S

SAVIOR (Luke 2:11)  
SCEPTRE (Numbers 24:17)  
SEED (Genesis 3:15)  
SERVANT (Isaiah 42:1)  
SHADE (Psalm 121:5)  
SHIELD (Genesis 15:1)  
SONG (Exodus 15:2, Isaiah 12:2)  
SOURCE (Hebrews 5:9)  
STAR OUT OF JACOB (Numbers 24:17)  
STRONGHOLD (Nahum 1:7)  
STRONG TOWER (Proverbs 18:10)  
SUN OF RIGHTEOUSNESS (Malachi 4:2)

## T

TEACHER (John 13:13)  
THE ONE (Psalm 144:2,10)  
TRUTH (John 14:6)

## V

VINE (John 15:5)

## W

WALL OF FIRE (Zechariah 2:5)  
WAY (John 14:6)  
WITNESS (Isaiah 55:4)  
WONDERFUL (Isaiah 9:6)  
WORD (John 1:1)

# APOSTLES' CREED

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I believe in God the Father, Almighty,

Maker of heaven and earth;

And in Jesus Christ, his only begotten Son, our Lord;

who was conceived by the Holy Ghost;

born of the Virgin Mary;

suffered under Pontius Pilate;

was crucified, dead and buried.

He descended into hell.

The third day he rose again from the dead.

He ascended into heaven,

and sits at the right hand of God the Father Almighty.

From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost.

I believe in the holy catholic church;

the communion of saints;

the forgiveness of sins;

the resurrection of the body;

and the life everlasting. Amen.

# THANKS—136 STYLE

Give thanks to the LORD, for he is good.

*His love endures forever.*

Give thanks to the God of gods.

*His love endures forever.*

Give thanks to the Lord of lords:

*His love endures forever.*

to him who alone does great wonders,

*His love endures forever.*

who by his understanding made the heavens,

*His love endures forever.*

who spread out the earth upon the waters,

*His love endures forever.*

who made the great lights—

*His love endures forever.*

the sun to govern the day,

*His love endures forever.*

the moon and stars to govern the night;

*His love endures forever.*

(SPECIFIC STORYLINE STARTS HERE.)

to him who struck down the firstborn of Egypt

*His love endures forever.*

and brought Israel out from among them

*His love endures forever.*

with a mighty hand and outstretched arm;

*His love endures forever.*

to him who divided the Red Sea asunder

*His love endures forever.*

and brought Israel through the midst of it,

*His love endures forever.*

but swept Pharaoh and his army into the Red Sea;

*His love endures forever.*

Give thanks to the LORD, for he is good.

*His love endures forever.*

Give thanks to the God of gods.

*His love endures forever.*

Give thanks to the Lord of lords:

*His love endures forever.*

to him who alone does great wonders,

*His love endures forever.*

who by his understanding made the \_\_\_\_\_,

*His love endures forever.*

who \_\_\_\_\_,

*His love endures forever.*

who made the \_\_\_\_\_—

*His love endures forever.*

\_\_\_\_\_,

*His love endures forever.*

the \_\_\_\_\_;

*His love endures forever.*

to him who \_\_\_\_\_

*His love endures forever.*

and \_\_\_\_\_

*His love endures forever.*

with \_\_\_\_\_;

*His love endures forever.*

to him who \_\_\_\_\_

*His love endures forever.*

and \_\_\_\_\_,

*His love endures forever.*

but \_\_\_\_\_;

*His love endures forever.*

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to him who led his people through the wilderness;

*His love endures forever.*

to him who struck down great kings,

*His love endures forever.*

and killed mighty kings—

*His love endures forever.*

Sihon king of the Amorites

*His love endures forever.*

and Og king of Bashan—

*His love endures forever.*

and gave their land as an inheritance,

*His love endures forever.*

an inheritance to his servant Israel.

*His love endures forever.*

He remembered us in our low estate

*His love endures forever.*

and freed us from our enemies.

*His love endures forever.*

He gives food to every creature.

*His love endures forever.*

Give thanks to the God of heaven.

*His love endures forever.*

to him who \_\_\_\_\_;

*His love endures forever.*

to him who \_\_\_\_\_,

*His love endures forever.*

and \_\_\_\_\_—

*His love endures forever.*

\_\_\_\_\_

*His love endures forever.*

and \_\_\_\_\_—

*His love endures forever.*

and \_\_\_\_\_,

*His love endures forever.*

\_\_\_\_\_.

*His love endures forever.*

He remembered us in \_\_\_\_\_

*His love endures forever.*

and freed us from \_\_\_\_\_.

*His love endures forever.*

He gives food to every creature.

*His love endures forever.*

Give thanks to the God of heaven.

*His love endures forever.*

# TYPES AND TASKS

## PERSONAL PRAYER GUIDE

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**Exercise 1: Confession** (Choose a couple confession activities to complete.)

- Find a sentence of confession in the Psalms that applies to you. Write it.
- List three sins of yours that you want God to forgive.
- Write a verse from the Bible that tells you God will forgive your sin.
- Write three benefits of forgiveness.
- Sketch a set of pictures or diagrams that shows:
  - Before (forgiveness);
  - After (forgiveness).

**Exercise 2: Thanksgiving** (Choose a couple thanksgiving activities to complete.)

- Write a couplet (a two-line poem) of Thanksgiving to God.
- Sketch three simple pictures showing possessions that make you thankful.
- Think of a person who makes you thankful. What quality of God does this person show? Write about this.
- Write a diary for a day that made you thankful.
- List ten things you rarely thank God for that you would be devastated to do without.

**Exercise 3: Intercession** (Choose a couple intercession activities to complete.)

- Write a prayer for yourself.
- Write a prayer for someone who teaches or guides you.
- Write a prayer for someone in a position of authority.
- Write a prayer for someone who is weak.
- Write a prayer for someone close to you.

**Exercise 4: Praise** (Choose a couple praise activities to complete.)

- Create a Scrabble-type grid showing qualities of God. Use words that complete the sentence:  
*God is \_\_\_\_\_.*
- Find a sentence of praise in the Psalms. Write it.
- Think of three parts of creation that remind you of God. Complete the following sentence for each:  
*The \_\_\_\_\_ reminds me of your \_\_\_\_\_.* (Example: The *moon* reminds me of your *faithfulness.*)
- Draw a symbol, an abstract shape, or a diagram that represents a quality of God.
- Think of a person who reminds you of God. Write the name of the person and the resemblance of that person to God.

# NEW COVENANT PRAYERS TASK CARDS

## **RIGHTEOUSNESS TASK CARD**

- Read this synopsis together:
  - Think of the written code in the Old Testament as the structure of a house. The house is later filled up (fulfilled) up with a family. But the focus of the family is not on the structure. Rather, the focus is on loving each other and serving people outside the house. The New Covenant frees us from the restraint of structure to focus on loving God and each other and serving those outside the people of God.
- Skim chapters 11 to 15 of Leviticus
- Discuss what it would be like to live under the law.
- Read Romans 8:1-4 together.
- Discuss what it is like to live according to the Spirit, free from condemnation.
- Pray for each other—that you will each live in the freedom of the Spirit.

## **IDENTITY TASK CARD**

- Read this synopsis together:
  - In the Old Testament, the Israelites as a nation are the people of God. In the New Testament, the people of God are no longer defined with political boundaries. Rather, the people of God are the church (the new Israel). After God, your first loyalty is to your spiritual sisters and brothers around the world, regardless of their ethnic or political settings.
- Read I Peter 2:9-10 together.
- Pray together, declaring the praises of God who called you out of darkness into wonderful light, who called you into a peoplehood.
- Read I Corinthians 10:15-17 together.
- Talk about this question: How would the church look if we acted as one body—partaking of one loaf together?
- Pray that this would happen in your church and in the worldwide church.

### **BELONGING TASK CARD**

- Read this synopsis together:
  - In the Old Testament, bloodlines mattered. Your genes determined if you could be in the inside circle as a king or a priest. But in the New Testament, a common Father pulls all people who choose to be God-followers into the same lineage. This is true for those who are near and for those who are far-off.
- Read Acts 2:38-39 together.
- Talk about ways Christians can exclude each other using bloodlines. Talk about ways Christians can include each other in the celebration of a common Father.
- Pray that your church will increasingly emphasize the choice to follow Jesus over bloodlines.

### **RELATIONSHIPS TASK CARD**

- Read this synopsis together:
  - The idea of an eye for an eye belongs to the Old Covenant. The New Covenant emphasizes turning the other cheek, giving more than is taken, loving those who hate you.
- Read Matthew 5:38 – 48 together.
- Talk about ways this passage impacts your daily actions and attitudes.
- Pray for each other—that the Holy Spirit will empower you to function at this high standard.

### **BLESSING TASK CARD**

- Read this synopsis together:
  - It is true that in the Old Covenant, God poured out spiritual blessing. It is also true that in the New Covenant, God pours out physical blessing. However, there is also a shift. In the Old Covenant, God promised a direct correlation between spiritual obedience and material blessing in specific places. In the New Covenant, blessing shifts more from place to the person of Jesus Christ, more from the temporal to the eternal, more from the material to the spiritual.
- Read Hebrews 11:35b – 40 together. Discuss verses 39 and 40 together.
- Pray together, thanking God for both physical and spiritual blessing, both now and for eternity.

# PSALM 33

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<sup>1</sup> **Sing joyfully to the LORD, you righteous;**  
it is fitting for the upright to praise him.

<sup>2</sup> **Praise the LORD with the harp;**  
make music to him on the ten-stringed lyre.

<sup>3</sup> **Sing to him a new song;**  
play skillfully, and shout for joy.

<sup>4</sup> **For the word of the LORD is right and true;**  
he is faithful in all he does.

<sup>5</sup> **The LORD loves righteousness and justice;**  
the earth is full of his unfailing love.

<sup>6</sup> **By the word of the LORD the heavens were made,**  
their starry host by the breath of his mouth.

<sup>7</sup> **He gathers the waters of the sea into jars;**  
he puts the deep into storehouses.

<sup>8</sup> **Let all the earth fear the LORD;**  
let all the people of the world revere him.

<sup>9</sup> **For he spoke, and it came to be;**  
he commanded, and it stood firm.

<sup>10</sup> **The LORD foils the plans of the nations;**  
he thwarts the purposes of the peoples.

<sup>11</sup> **But the plans of the LORD stand firm forever,**  
the purposes of his heart through all generations.

<sup>12</sup> **Blessed is the nation whose God is the LORD,**  
the people he chose for his inheritance.

<sup>13</sup> **From heaven the LORD looks down**  
and sees all mankind;

<sup>14</sup> **from his dwelling place he watches**  
all who live on earth—

<sup>15</sup> **he who forms the hearts of all,**  
who considers everything they do.

<sup>16</sup> **No king is saved by the size of his army;**  
no warrior escapes by his great strength.

<sup>17</sup> **A horse is a vain hope for deliverance;**  
despite all its great strength it cannot save.

<sup>18</sup> **But the eyes of the LORD are on those who fear him,**  
on those whose hope is in his unfailing love,

<sup>19</sup> **to deliver them from death**  
and keep them alive in famine.

<sup>20</sup> **We wait in hope for the LORD;**  
he is our help and our shield.

<sup>21</sup> **In him our hearts rejoice,**  
for we trust in his holy name.

<sup>22</sup> **May your unfailing love be with us, LORD,**  
even as we put our hope in you.

# HISTORY BOOKS DESCRIPTIONS

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## THEOCRATIC HISTORY BOOKS

(These books record the time when Israel was a theocracy, ruled by God.)

- **Joshua—Victory**—Joshua and the people obey God and, over a seven-year period conquer the Promised Land. The falling of Jericho’s walls shows that victory was won, not by the might of the people, but by the power of God.
- **Judges—Cycles**—In contrast to the faithfulness found in Joshua, the people of God cycle in Judges from sin to judgment to oppression to repentance to deliverance and then . . . back to sin again.
- **Ruth—Redemptive Love**—The book of Ruth, an interlude of love, takes place in the middle of the book of Judges and brings hope to a dark time. The book of Ruth illustrates the love and faithfulness of God.

## MONARCHIAL HISTORY BOOKS

(These books chart the nation of Israel from its first king to its destruction and exile.)

- **1 Samuel—Plan B**—God’s people don’t follow his plan, and the glory departs. But then God provides Plan B.
- **2 Samuel—The Mighty Falls**—David, who has won so many victories, falls into sin.
- **1 Kings—Faded Glory**—Israel has a temple, a throne, and rest on every side. Then divided devotion dims the glory. The nation

separates, the kingship severs, and the altar splits.

- **2 Kings—Fallen Glory**—God speaks; the people do not listen. So God tears Israel from David’s house and wipes out Judah like an upside down dish.
- **1 Chronicles—David Gives Way**—With a famous genealogy and a rise to the throne behind him, David wishes to build God’s house. “You are not the one,” God tells him. So, since God deserves magnificence, David lends support to Solomon.
- **2 Chronicles—From Excellence to Exile**—Despite the wealth and wisdom and God’s glory in the temple, people sin and mock God’s messengers until God sees no remedy other than exile in a foreign land.

## RESTORATION BOOKS

(These books describe the return to the homeland after 70 years of captivity.)

- **Ezra—Rebuilding/Repenting**—The temple is rebuilt; the people regather.
- **Nehemiah—Favor for Burden**—Nehemiah is favored by God because of his burden that the walls of Jerusalem be rebuilt.
- **Esther—For Such a Time**—“You may have become the queen for such a time as this,” Mordecai tells Esther. A threat of annihilation hangs over Esther’s people. Esther responds in trust and thwarts the threat, saving her people.

# POETRY PRAYER TASK CARDS

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## **JOB TASK CARD: FROM WHY TO WORSHIP**

### – About the Poetry:

- Write one of Job's complaints from Job 23 & 24.
- Write one of God's answers from Job 40 & 41.
- Write one of Job's replies from Job 42:1-6.
- Write one of God's actions from Job 42:7-16.

### – About You:

- Write one of your complaints.
- Pray to God about this complaint.
- Write what you are hearing from him.
- Write sentences of worship to him.

## **PSALMS TASK CARD: FROM THE HEART TO GOD**

### – About the Poetry

- Find a psalm of David that expresses an emotion you currently share with him.
- Silently or aloud read the psalm to God as a prayer.

### – About you:

- Write a few verses of your own psalm to God.

## **PROVERBS TASK CARD: FROM FOOLISH TO WISE**

### **– About the Poetry**

- Find a proverb that applies to your life.
- Read it and pray about it.

### **– About You**

- Write a few sentences about how following this proverb would give you increased skill in living.

## **ECCLESIASTES TASK CARD: FROM EMPTY TO FULL**

### **– About the Poetry**

- Find something the author tries that brings him emptiness.
- Prayerfully read the last chapter of Ecclesiastes.

### **– About You**

- Write a few sentences describing something you have tried that has brought you emptiness.
- Write some verses from the last chapter of Ecclesiastes that are helpful to you.

## **SONG OF SOLOMON TASK CARD: FROM LOST TO LOVED**

### **– About the Poetry**

- Write phrases from Song of Solomon 3 & 6 about lost love.
- Write phrases from Song of Solomon 6:5-14 about found love.

### **– About You**

- Write about a time you felt lost from God's love.
- Write Song of Solomon 2:14 as a message from God to you.
- Write a sentence of answer to God—letting him hear your voice.

# **MINOR PROPHET POSTERS**

# HOSEA

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- Like Israel, Gomer is unfaithful to her husband Hosea, and like God keeps loving Israel, Hosea unconditionally loves Gomer.
- God says: “I will show my love to the one I called ‘not my loved one.’ I will say to those called ‘not my people, you are my people’” (Hosea 1:23).
- **Your Response:** What do you want to say to God about this?

# JOEL

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- When locusts invade Judah, destroying every green plant, Joel tells Judah that even more devastation—an army from the north—will come if they continue to disobey.
- God says: “Even now, return to me with all your heart, with fasting and weeping and mourning” (Joel 2:12).
- **Your Response:** What do you want to say to God about this?

# AMOS

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- Amos prophesies to prosperous people, calling them to return to God. They ignore Amos, bringing drought and destruction.
- God says: “Away with the noise of your songs! I will not listen to the music of your harps. But let justice roll on like a river, righteousness like a never-failing stream” (Amos 6:24).
- **Your Response:** What do you want to say to God about this?

# OBADIAH

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- In an hour of need for Judah (descendants of Jacob), the Edomites (descendants of Esau) aid Israel's enemy, failing to be their brother's keeper.
- God says: "You should not look down on your brother in the day of his misfortune, nor rejoice over the people of Judah in the day of their destruction, no boast so much in the day of their trouble" (Obadiah 1:13).
- **Your Response:** What do you want to say to God about this?

# JONAH

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- Jonah reluctantly preaches to the people of Nineveh who repent, after which Jonah sulks about God's compassion to a people he doesn't like.
- God says: "You have been concerned about this vine, though you did not tend it or make it grow. . . . But Nineveh has more than a hundred and twenty thousand people . . . Should I not be concerned about that great city?" (Jonah 4:10)
- **Your Response:** What do you want to say to God about this?

# MICAH

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- Although God leads his people on a remarkable journey, corruption overtakes their rulers, priests, judges, and money holders. Micah calls people to remember and to return to righteousness.
- God says: “I brought you up out of Egypt and redeemed you from the land of slavery. . . Remember . . . that you may know the righteous acts of the Lord” (Micah 6:4 - 5).
- **Your Response:** What do you want to say to God about this?

# NAHUM

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- The prophet Nahum's name means comfort, which is what God longs to bring to Nineveh, whose people in the 125 years since Jonah have reverted to violence and idolatry. But Nineveh rejects the good news and is destroyed.
- God says: "Look, there on the mountains, the feet of one who brings good news, who proclaims peace! Celebrate your festivals, O Judah, and fulfill your vows" (Nahum 1:15).
- **Your Response:** What do you want to say to God about this?

# HABAKKUK

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- Habakkuk cries to God about violence and injustice, asking God why he doesn't act. God reassures Habakkuk.
- God says: "Look at the nations and watch—and be utterly amazed. For I am going to do something in your days that you would not believe, even if you were told" (Habakkuk 1:5).
- **Your Response:** What do you want to say to God about this?

# ZEPHANIAH

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- Zephaniah brings a message of God's certain judgment for sin. But he concludes with another message that, after judgment, will come God's blessing and love.
- God says: "The Lord your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing" (Zephaniah 3:17).
- **Your Response:** What would you like to say to God about this?

# HAGGAI

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- After the return from exile, the people of God are so busy building their own houses that they neglect the house of God. Because they don't put God first, they miss God's blessing.
- God says: "Is it time for you yourselves to be living in your paneled houses, while this house remains in ruin? Now this is what the Lord Almighty says: 'Give careful thoughts to your ways'" (Haggai 1:4-5).
- **Your Response:** What would you like to say to God about this?

# ZECHARIAH

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- Like Haggai, Zechariah urges the people of God to finish building the temple. Zechariah motivates the people to do this by showing the importance of preparing Jerusalem for the coming of the Jesus, the King.
- God says: “Rejoice greatly, O Daughter of Zion! Shout, Daughter of Jerusalem! See, your king comes to you, righteous and having salvation, gentle and riding on a donkey” (Zechariah 9:9).
- **Your Response:** What would like to say to God about this?

# MALACHI

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- Malachi, in the last book in the Bible, predicts the judgment of God and the coming of a Savior.
- God says: “But for you who revere my name, the sun of righteousness will rise with healing in its wings. And you will go out and leap like calves released from the stall” (Malachi 4:2).
- **Your Response:** What would you like to say to God about this?